

**The theme for this year’s Anti-Bullying Week is Power for Good, which is about empowering children and young people to use their Power for Good to speak out, support others, and build a world where kindness wins.**

The awareness campaign kicks off on Monday 10 November with Odd Socks Day, a simple way to show support for the campaign by wearing odd socks. Click on [the link](https://mandrillapp.com/track/click/30962987/anti-bullyingalliance.org.uk?p=eyJzIjoiT1VoUTRWTURha3l5NmM5UTlUS1k1QlJ2aF80IiwidiI6MiwicCI6IntcInVcIjozMDk2Mjk4NyxcInZcIjoyLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL2FudGktYnVsbHlpbmdhbGxpYW5jZS5vcmcudWtcXFwvYW50aS1idWxseWluZy13ZWVrLTIwMjVcIixcImlkXCI6XCJkZTk1OWViNzQ4YzY0YjU1YWQ3MTMwNjJmZGM5M2Y3ZFwiLFwidXJsX2lkc1wiOltcImI5MjZlMjhjZTM2Nzg0YTFiZmVjNWIxNTlhZDlmYTZjM2UzNDkyYjdcIl0sXCJtc2dfdHNcIjoxNzU4NjM2NTcxfSJ9) to access resources available from the Anti-Bullying Alliance.

Scotland supports Anti-Bullying Week through their ['Respect Me'](https://mandrillapp.com/track/click/30962987/www.respectme.org.uk?p=eyJzIjoiRzIycTNiOXRXellXdTNrWk9lV29RaE5ZVzJnIiwidiI6MiwicCI6IntcInVcIjozMDk2Mjk4NyxcInZcIjoyLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5yZXNwZWN0bWUub3JnLnVrXFxcL2NhbXBhaWduc1xcXC9cIixcImlkXCI6XCJkZTk1OWViNzQ4YzY0YjU1YWQ3MTMwNjJmZGM5M2Y3ZFwiLFwidXJsX2lkc1wiOltcImFkOWYyNzYzYWMzNWExYjk5NWRjZDMzYTg4NTNhNTBiNjI0NGZiNGVcIl0sXCJtc2dfdHNcIjoxNzU4NjM2NTcxfSJ9) anti-bullying service.

Page 5 of Archery GB's ['What is abuse?'](https://mandrillapp.com/track/click/30962987/archerygb.org?p=eyJzIjoiZEYtNjBnUkRxWXlfdUJIUHJ3d3JBSEphbVI4IiwidiI6MiwicCI6IntcInVcIjozMDk2Mjk4NyxcInZcIjoyLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL2FyY2hlcnlnYi5vcmdcXFwvZmlsZXNcXFwvd2hhdC1pcy1hYnVzZS0xOTA2MjMxMjAzNTAucGRmXCIsXCJpZFwiOlwiZGU5NTllYjc0OGM2NGI1NWFkNzEzMDYyZmRjOTNmN2RcIixcInVybF9pZHNcIjpbXCI0MjkyODMwMTU5MDhkMmM0MzBmNjdhODY1NTMyNWU2OTNiOWYwY2JhXCJdLFwibXNnX3RzXCI6MTc1ODYzNjU3MX0ifQ) provides guidance on bullying.